

WEEK 15 - 22/02/12

Note: If any of your events are shaded this is the last use of that event for the night. On completion of your event please pack away equipment and Discus mantle netting / bunting to allow collection at the end of the night. Any assistance received at the end of the night to return all equipment to the shed is appreciated.

U6 Boys	U6 Girls	U7 Boys	U7 Girls	U8 Boys	U8 Girls	U9 Boys	U9 Girls
Discus 1	Discus 2	High Jump 2	High Jump 3	100m	100m	100m	100m
100m	100m	100m	100m	High Jump 2	High Jump 3	Shot Put 1/2	Long Jump 1
Long Jump 1	Long Jump 1	Discus 1	Discus 2	400m	400m	400m	400m
60m Hurdles	60m Hurdles	60m Hurdles	60m Hurdles	Discus 1	Discus 2	High Jump 2/3	Shot Put 1

U10 Boys	U10 Girls	U11 Boys	U11 Girls	U12 Boys	U12 Girls	U13 - U17 Boys	U13-U17 Girls
Shot Put 1	Shot Put 2	Long Jump 2	Long Jump 3	Long Jump 1	Javelin	100m	100m
100m	100m	100m	100m	100m	100m	Javelin	Long Jump 3
Long Jump 2	Long Jump 3	Shot Put 1	Shot Put 2	Javelin	400m	400m	400m
400m	400m	400m	400m	400m	Long Jump 2	Long Jump 3	Javelin

RECORD PARENT HELPERS HERE

Age marshall: _____

Recorder: _____

Parent Assistant 1: _____

Parent Assistant 2: _____

Parent Assistant 3: _____

Parent Assistant 4: _____

Please be respectful of all athletes and parents at all times.
Please do not pass through an event - walk around.
Pay attention at all times near throwing events.

Event	Distance	Age Groups	Notes
1	100m	U9 B&G	Girls 1st
(Front Straight)	100m	U8 B&G	Boys 1st
	100m	U13-17 B&G	Girls 1st
2	100m	U6 B&G	Arriving order
(Front Straight)	100m	U7 B&G	Arriving order
	100m	U10 B&G	Arriving order
	100m	U11 B&G	Arriving order
	100m	U12 B&G	Arriving order
3	400m	U8 B&G	Arriving order
(Bunch Start)	400m	U9 B&G	Arriving order
	400m	U10 B&G	Arriving order
	400m	U11 B&G	Arriving order
	400m	U12 B&G	Arriving order
	400m	U13-17 B&G	Arriving order
4	60m M-Hurdles	U6 B&G	Arriving order
(Lanes 4-8)	60m M-Hurdles	U7 B&G	Arriving order
5	200m Hurdles	U13-17 B&G	Arriving order

Please follow the program in order. Track Officials will be responsible for the Track and will line athletes up on the Track. Minimum three timekeepers and one starter required for the Track. Starter - Steve Barraclough; Chief Timekeeper – Jim Schlecht. We need a minimum of 5 parent helpers per age group, to assist with measuring, retrieving implements, raking long jump pit or moving High Jump bar, recording results for all registered athletes as well as an Age Marshall. Please see a committee member if unsure how to run events. Could all volunteer Age Marshals collect the recording sheets during warm up. **Please note that the playground is out of bounds to all athletes during competition.** Correct uniforms are required for all competitions - numbers (front), IGA badge (right sleeve) and McDonalds age labels (left sleeve) need to be correctly attached to the uniform.