

**CENTRE MEMBER
NOMINATION FORM FOR LAQ COMPETITIONS:**

Centre: Balmoral

This nomination form is for the use of Centre members & or invited athletes and may be copied for nominating purposes for each of the following Association competitions by ticking the appropriate box. **Nom.'s must be lodged with your Centres/Club.**

Bendigo Bank
Regional Championships

Quest Community Newspapers
Junior Carnival / Senior Pent

Medibank
Senior Carnival / Junior Pent

Nom. fees:
\$10 per athlete for all competitions

IGA Winter Championships

IGA Winter U7 & U8 Carnival

REFER TO CENTRE COMMITTEE
FOR NOMINATIONS CLOSING
DATES & FEES

BENDIGO BANK REGIONAL CHAMPIONSHIPS (U7 - U17's)										
Winter 7 & 8's Carnival & Winter Championships (U9 - U17's)										
EVENTS	JUNIOR CARNIVAL (U7 - U10's) & Senior Pentathlon (U11 - U17's)				SENIOR CARNIVAL (U11 - U17's) & Junior Pentathlon (U9 - U10's)					
	U7	U8	U9	U10	U11	U12	U13	U14	U15	U17
Sprints	70									
	100									
	200									
Middle/	400									
Distance	800									
	1500									
Walks	700									
	1100									
	1500									
Hurdles	60									
	80									
	90									
	100									
	200									
Long Jump										
High Jump										
Triple Jump										
Shot Put										
Discus										
Javelin										
U15 & U17's Winter C'ships /Regional Pentathlon										
PENTATHLON (Jun or Sen)										

Shaded boxes indicate events which ARE NOT available to that age group

Surname _____ Contact ph/email: _____

First Name _____ B/G U/ Rego No. _____ No Events _____ Fees \$ _____

First Name _____ B/G U/ Rego No. _____ No Events _____ Fees \$ _____

Parent/Guardian: (name) _____ Total Fees \$ _____

I am prepared to officiate at the _____
(please nominate at least one event & details)

Centre use only

Receipt No: _____

Amount received: _____