

# **Balmoral Little Athletics**

## **Track & Field Events**

### **Sprints**

70m  
100m  
200m

### **Middle Distance**

200m  
300m  
400m  
500m

### **Long Distance**

800m  
1500m

### **Hurdles**

60m Hurdles  
80m Hurdles  
90m Hurdles  
100m Hurdles  
200m Hurdles  
300m Hurdles

### **Walk Events**

300m  
500m  
700m

### **Field Events**

High Jump  
Long Jump  
Triple Jump  
Discuss  
Turbo Javelin/Javelin  
Shot Put