

Terms & Conditions

BALMORAL LITTLE ATHLETICS CENTRE INC. (BLAC) - CENTRE RULES

These rules are designed for the safety & well being of your children & have been adopted by the Centre for the current season. Please read these rules in conjunction with the Centre Constitution & all other policies listed & or referred to herein.

1. We are there for the enjoyment & development of the athletes. It is not about winning at all costs.
2. **It is a requirement that each family must have a parent or guardian present during competition nights. Children without such supervision may be held out of competition until a person is in attendance.**
3. The family levy was established to encourage parent assistance on competition nights. Help must be given on all events for the age group you are assisting with on any competition night – please sign the weekly parent helper sheet each week after doing this. If you assist on at least 60% of competition nights you will be refunded the levy following the end of the season – if deemed eligible you will receive an email requesting bank details for us to deposit the refund. For example if there is a 20 week season then we request you help on a minimum of 12 competition nights to be eligible. **The message is - we need lots of helpers to get events undertaken as efficiently as possible.**
4. Parents/guardians are required to **sign-in** their athletes at the beginning of each training & competition night stating their name, athletes age group & contact number.
5. All swearing & displays of bad sportsmanship are not permitted. Verbal warnings will be given for 1st offences deemed minor in nature. Written warnings & or other measures as outlined in the relevant **LAQ zero tolerance policy** will be issued if all other cases & for repeat offenders.
6. Children must remain with their age group throughout the competition. Advice to the Age Marshal is required before leaving the group.
7. The competition arena can be a dangerous environment – in particular with discus & javelin. Please remain clear of the competition arena unless assisting with the running of the events (we hope you all are assisting). Take particular care in the areas noted above to ensure your own safety & that of your children.
8. **No child is to use any of the equipment (especially high jump or javelin) unless supervised by an authorised person or a Committee Member.** Parents are requested to assist in this protocol by ensuring their children are kept clear of the equipment particularly immediately prior to competition as the equipment is out in the field & most of the Committee are finalising preparations for the night – whether that be training or competition.
9. Children must wear correct centre uniform for all competition meets including our weekly Wednesday competition night. Footwear is compulsory for all events. Spikes may be worn in specific events and only by certain age groups – please refer the Competition Handbook. **As per LAQ policy spikes must not be worn when moving between events** – they shall be removed at the completion of an event & put back on at the next event if they are allowed to be used for that event.
10. Children are not permitted to enter the canteen, equipment room or office without adult supervision at any time.
11. **Smoking is not permitted inside the fenced area of the arena.**
12. **The playground is out of bounds at all times.**

The contact phone number on all BLAC days is: 0413 302 277

NON-SMOKING Smoking is not permitted in any competition or spectator areas during any Little Athletics competition.

CODES OF CONDUCT Codes of conduct apply to all persons involved - athletes, coaches, parent, spectators, supporters & visitors. Copies are available from the Centre & LAQ websites.

Zero Tolerance Policy LAQ has a Zero Tolerance policy to ensure the safety & enjoyment of all those participating in Little Athletics in Queensland. BLAC accepts & adopts the policy from LAQ.

PARENT PARTICIPATION Little Athletics involves a no. of events operating simultaneously. To allow the centre to run efficiently requires the active participation of our parents each week. Assisting with 60% of the competition nights will ensure the levy is refunded at the end of the season. Your assistance should be logged each week on the age group recording sheets.

AGE MARSHALS Age Marshals are responsible for the co-ordination & management of their group's events together with monitoring athlete behaviour. They are also responsible to ensure that the programme is followed in order, & that the results sheets are handed in to the Recorder at the end of each competition night. Age Marshals can be easily identified by the coloured bibs showing their age group.

CHILD PROTECTION POLICY Balmoral is committed to the welfare of all our athletes & adopts the LAQ Child Protection Policy (see LAQ website). Any adult who is not a parent of a registered athlete is required to hold a current blue card & shall submit details to us for approval & addition to the Centre Blue Card Register.

PHOTOS We ask that you only take photos of your own children at a Balmoral organised event. Permission should be obtained in all other cases. Should you not wish for your child to be included in any photography please advise us in writing.

PARKING There is NO parking within the grounds – reserved for Committee, coaches & authorised persons. Parent parking is along Stanley Street, the adjacent Sports Club car park, & in nearby streets. Please be mindful of our neighbours & do not obstruct their driveways so they may easily move in & out of their property.

FOOTWEAR SHOES ARE COMPULSORY IN ALL EVENTS For most athletes normal runners are perfectly adequate. If you are in doubt as to the suitability of the footwear that you child wears, please contact a committee member.

GOVERNANCE BY AFFILIATION BLAC is affiliated with & bound by the laws, rules & regulations, as may be varied from time to time, of Little Athletics Queensland (LAQ). Visit <http://www.laq.org.au/Resources> for detailed information on all rules, regulations & policies.